

INTRO TO DEFENSIVE HANDGUN

Subject: Intro to Defensive Handgun

Location: Instructor Home

Duration: 3 hours

Instructor: Rachel Vangsnes, RISE
Defensive Handgun Training

FOCUS

This is a beginner class designed to introduce gun safety, different types of pistols, cartridges, and holsters, the mechanical operation of a handgun without firing live rounds (air-soft only), safely storing handguns (especially with children in the home), and how to practice skills at home with dry fire. This class is applicable to those who plan to carry their weapon as well as those who do not. Instructor will provide 3-5 different handguns for comparison. There are no prerequisites for the class.

POINTS OF INSTRUCTION

1. Gun safety overview.
2. Types of pistols, cartridges, and holsters, and their intended uses.
3. Mechanical operation including clearing and loading the weapon, firing platform, grip, sight alignment and sight picture, trigger control, and follow through.
4. Safe storage options.
5. Dry fire benefits and checklist for practicing at home.

EQUIPMENT NEEDED

1. Sidearm and normal carry gear, if applicable
2. Spare magazine

REGISTRATION & PAYMENT

Tuition for this course is \$60. Email RachelVangsnes@gmail.com to reserve a spot.