

# DEFENSIVE HANDGUN I

Subject: Defensive Handgun I

Location: Outdoor Range

Duration: 1.5 hours

Instructor: Rachel Vangsnes, RISE  
Defensive Handgun Training

## FOCUS

This is a one-on-one beginner shooting class designed to review gun safety and the mechanical operation of a handgun with and without live rounds. This class is applicable to those who plan to carry their weapon as well as those who do not. The prerequisite for this class is Intro to Defensive Handgun unless approved otherwise.

## POINTS OF INSTRUCTION

1. Gun safety review.
2. Clearing and loading the weapon, firing platform, grip, sight alignment and sight picture, trigger control, and follow through.
3. Dry fire and live fire, from the ready.
4. Strong hand only and weak hand only shooting.

## EQUIPMENT NEEDED

1. Handgun
2. Spare magazine
3. 50 rounds of ammunition

## REGISTRATION & PAYMENT

Tuition for this course is \$60. Email [RachelVangsnes@gmail.com](mailto:RachelVangsnes@gmail.com) to reserve a spot.